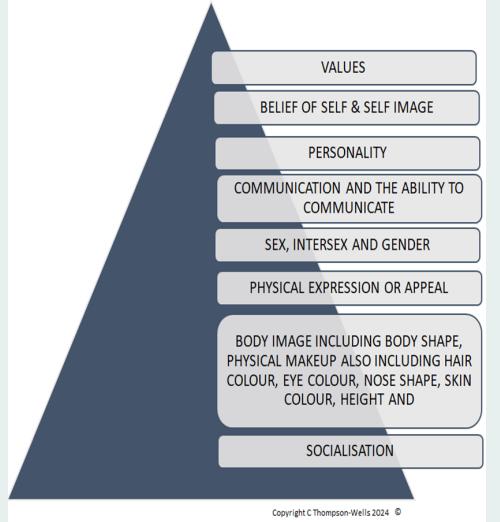


TO BOOK, PLEASE
E-mail:
admin@fullpotentialtraining.com.au

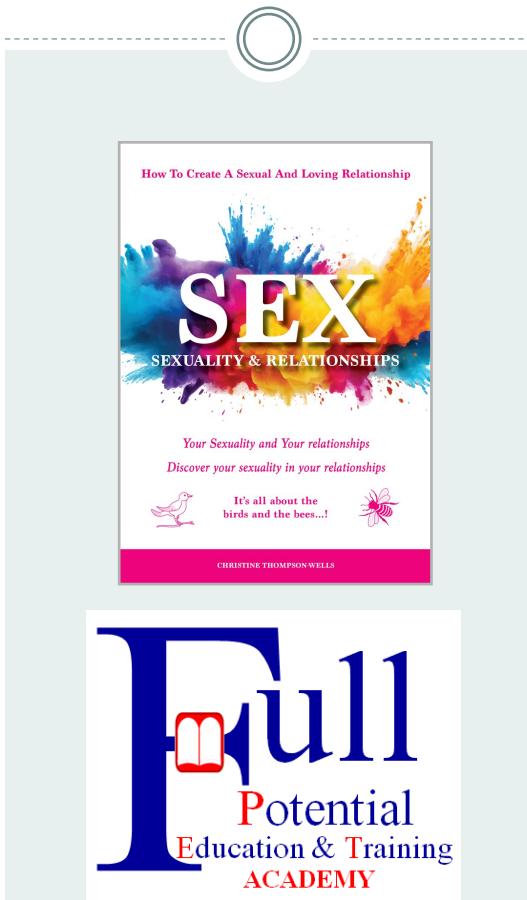
WORKING FROM THE 'INSIDE' OUT...



ACCREDITED CPD EDUCATION &
TRAINING PROVIDERS



BUILDING LIFE SKILLS FOR PEOPLE...



SEX, SEXUALITY & RELATIONSHIPS



BUILDING RELATIONSHIPS FROM THE 'INSIDE OUT'

We are excited to offer this NEW online course of **7 Modules:**

SEX, SEXUALITY & RELATIONSHIPS

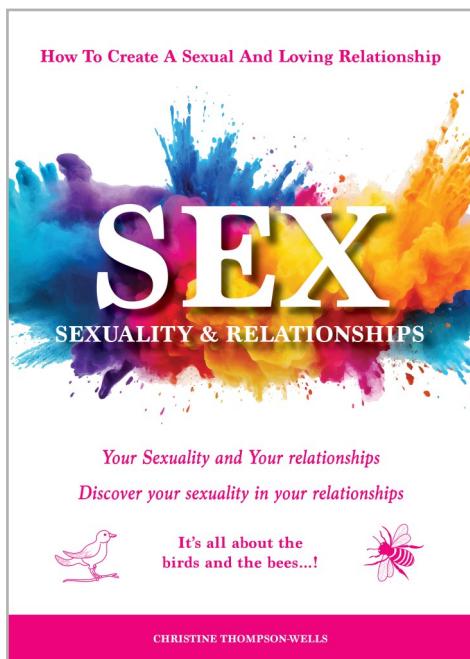
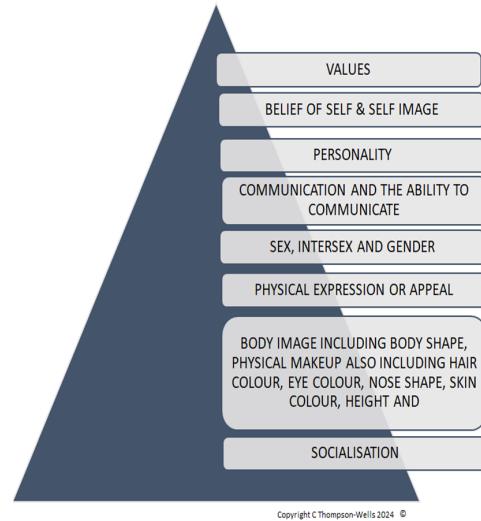
This book opens the conversation! The book's main objective is to give to each reader, the quality of SELF and the value that should be placed on their individuality as a person and within their relationships.

Many people may feel uncomfortable when speaking about sex, sexuality, and relationships. However, these subjects play a critical and important role in your life.

Communities across the world, through either cultural, psychological, religious, and or philosophical reasons, may consider the topics to be taboo, and yet, speaking about the above subjects will improve people's lives, add great value to individual wellbeing and health, and start to limit areas of crime that grow through this lack of knowledge.

ARE YOU LOOKING FROM THE 'INSIDE OUT' OR THE 'OUTSIDE IN'?

Christine



THE OBJECTIVE OF THE COURSE & OUTCOMES:

OBJECTIVE: The main objective of the course is to give to each delegate, the quality of SELF and the value that should be placed on their individuality as a person and within their relationships.

OUTCOME: You will have the confidence and skills to identify your values, and will be able to communicate your feelings to another person within the relationship.

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Disclaimer: as with all forms of education & training, the delegate will only gain from their learning if they invest time and effort on what needs to be learned.

THE 7 MODULES INCLUDE:

MODULE ONE—SEXUALITY & RELATIONSHIPS—WORKING FROM THE 'INSIDE OUT...'

MODULE TWO — WHAT IS SEXUALITY?

MODULE THREE— WHAT DOES SEXUALITY INCLUDE?

MODULE FOUR— UNDERSTANDING INTIMACY & YOUR BODY...!

MODULE FIVE— LET'S TALK ABOUT SEX HORMONES...!

MODULE SIX— UNDERSTANDING SEX—THE MALE AND FEMALE BODY

MODULE SEVEN— RELATIONSHIPS & RELATIONSHIP DYNAMICS

COST: AUD \$1,250.00 PER PERSON

With each booking, the delegate will receive a posted copy of the book: *Sex, Sexuality & Relationships* directly from the printer.

Sex and relationships are for all ages, sex and the unity of sexual intercourse, with respect, helps to keep people in good health and wellbeing.



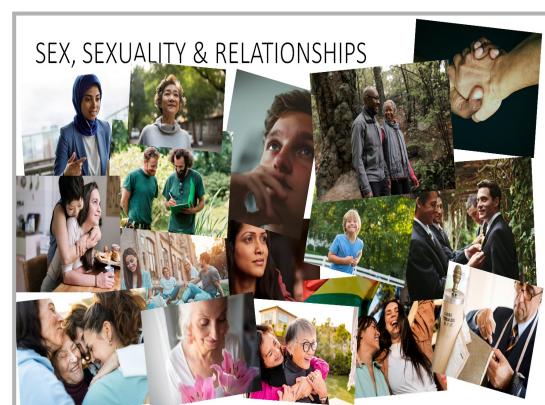
THERE'S MORE TO RELATIONSHIPS THAT SEX...

Each person is different and each person wants from their relationships, different experiences, and not all relationships are of a sexual nature!

For relationships to be successful there needs to be an understanding of another person's values; this course will help people to successfully navigate their relationships so that each person's individual values are respected.

The course also goes into the biological, physiological and psychological aspects of how relationships function.

With over 60 Wellbeing and Life Skills books written, Christine Thompson-Wells is an international published author who has been a regular speaker on BBC national radio, the Politics Show and featured in many publications. She is an internationally recognised accredited trainer and a university qualified teacher/educator. She has chaired the Curriculum Advisory Committee, Technical & Further Education, been the Head of Psychology at a large London School, and was a major contributor to the National Financial Capability Programme for Schools UK.



Loving Life & Growing With Change...