

We help families through the information we share

We are an Australian –based company working within NSW

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Online Education— Providing Quality Learning

HORMONES WITH HATS—2023

**FOR YOUR FREE DOWNLOADS
PLEASE CONTACT**

admin@fullpotentialtraining.com.au
TO RECEIVE YOUR

FREE introductory video and
FREE sample workbook



Full Potential Education and Training
*Providing Life Skill Education to our
world students.*



Online Puberty, Proactive Education 9-11 years 2023

Our Online Puberty Courses meet Australian Curriculum Objectives as outlined in the National, State and Scootle documents.

This Course is designed for ages 9-11 years. Each book speaks to the individual male or female reader at the appropriate age level. The books are divided into two sections, the first section is the story book and the second section is for working in a school or group or with the family.

The Student Will Learn 9-11 Years: 1) How hormones work in their body. 2)How hormones work differently in the bodies of males and females. 3) How the body responds to different hormones and the body's reaction, and 4) How the body grows and changes through puberty. We encourage class interaction, for instance, in one area, we mention the word menopause, this happens because of hormone changes in the older female, we encourage discussion of the word by a teacher's reply, 'hormones change as women/females become older'.

The Books are about 80 pages of story book and workbook which introduces the young adult to the story of how either Rosie or Kian, together with their friends, explore, through story telling, the journey their body's hormones go through when they go into puberty. Kian, is an orphan child from Iran and lives in Edinburgh with his adopted family, Kian and his brothers are keen football players and Rosie lives in Bologna, Italy. Rosie's interest in how her body works is heightened when her friend's fascination in biology becomes part of Rosie's inquisitive mind to want to know more... !



PUBERTY - ONLINE EDUCATION

Meets the National Curriculum
Objective of Australia.

WHAT THE STUDENT WILL ACHIEVE

◆Our Puberty, Online Courses are designed to keep the student safe as they navigate the journey into adulthood. By doing the course the student’s awareness is raised and can take steps to act accordingly, and in different situations.

◆By engaging in the lesson, the student gains an understanding of how their body works as they enter puberty.

◆From session One, and through the layout of the workbook, the student is encouraged to think and ask questions that have raised issues with them during the session. There is a box drawn at the back of the workbook; the student has the option to colour in, cut out and write their question in the box and then hand it to the teacher at the end of the session. The questions are sent to us, via email, answers are returned for the following week. This involvement encourages deep, positive thinking and responsibility habits to develop.

◆Each child receives a book , which is kept by them, that can be used as a life guide later in life. It does become a keepsake item for the teenager.

◆The cost per child 9-11 years \$35.00
2x1 hour sessions. **PACKING,
DELIVERY + GST WILL BE ADDED**

THIS IS HOW IT WORKS

- 1) Initially, once a school has made contact with Full Potential Education and Training, we return to the contact person identifying the school’s requirements.
- 2) Prior to booking a package, we send a booking form. The payment, upon booking, is made, (via our website), once this is done, we then order the books, ‘Changes’, one for each student and enough for the correct number of males and females within the class. At the time of ordering the programme, it is important to let us know how many males and how many females are in the class?
- 3) The books are delivered, by courier, directly from the printer to the school.
- 4) A few days before the booking and class running date, we send a secure download link which can be accessed at any time during the next 30 days. If a teacher wants to repeat the class, they have the availability to do so. However, there are only enough printed books for the class numbers ordered.
- 5) Once the 30 days have expired, the link becomes unusable.
- 6) Immediately the order is paid and processed, through direct email link, we send the downloadable Student Workbook, Teacher’s Guide and Certificate, (the Certificate is optional and is used within the teacher’s discretion). The workbooks mirror the information being shown, through the voice-over, Power Point presentation to the students.

FOR OUR TEACHERS

Puberty education is a sensitive subject to teach, we understand that, and as having taught the subject for a number of years, understand the complexity of the topic. This is why, together, we have developed these teaching and learning packages.

As a teacher, and while teaching this subject, I knew there was vital information missing which was essential to the student for a complete understanding of the puberty topic. With two years of research, the ‘How?’ & ‘Why?’ could be answered, it is the activation of the human sex hormones within the body’s system that brings about puberty onset. Such changes will interact with brain development and student behaviour.

Christine and the Team, Full Education & Training . AUSTRALIA

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*Changing the way we teach and
understand puberty*